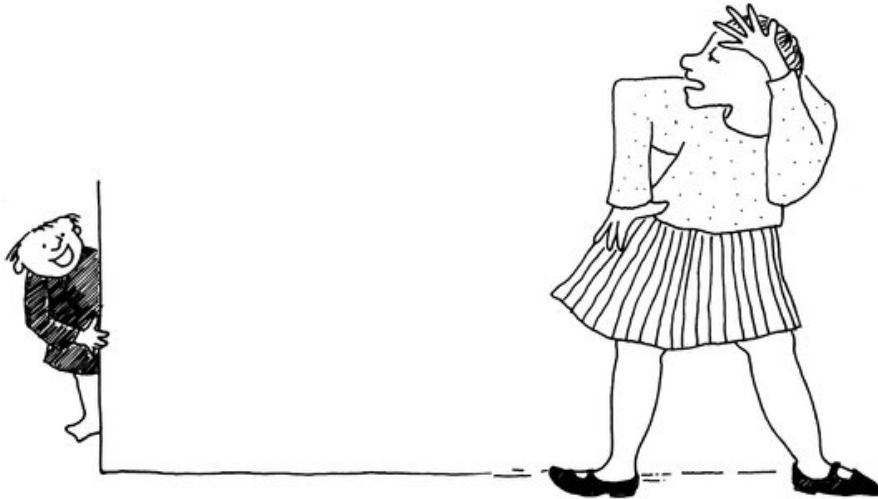


# Sifun' itshom' am

Liz Brouckaert  
isiXhosa



18. SIFUN' ITSHOM' AM: Xhosa action song (Tune - Waar is my Miena)



Si-fun' i-tsho-mam tsho-mam tshomam si-fun' i-tshomam tsho-



-ma-m tshomam o! nants'i-tsho-mam tsho- mam tshomam o!



nants'i-tsho-mam tsho- ma - m tsho-mam

Sifun' itshom' am  
'tshom' am 'tshom' am x4  
O! Nats' itshom' am  
'tshom' am 'tshom' am x4

This is one of sixty children's songs in isiXhosa, isiZulu, English and Afrikaans (with one song in Sesotho) in a book called 'Songs Sung by South African Children' (1990, 1992 and 2002) published by Grassroots Adult Education and Training Trust.

Liz Brouckaert, the researcher, was commissioned to source and document local songs and make them accessible to teachers who were not specialist music educators. She looked for songs that children preferred to sing. What emerged time and again was that children really like singing about taboo subjects.

She collected the songs mainly in Cape Town over a period of 18 months, and then worked with friends to make audio recordings of the songs.

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Design and illustration: Kobie Swart

Music notation: Alvin Petersen and Liz Brouckaert

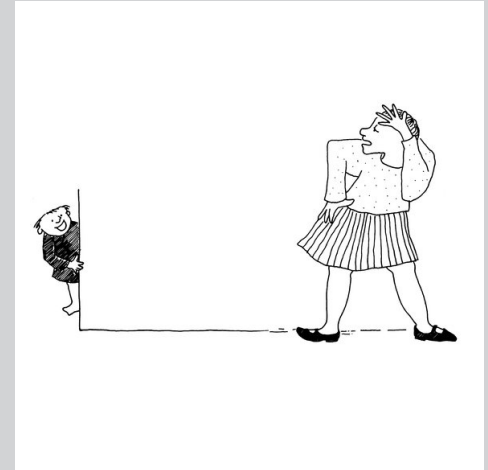
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Writer: Liz Brouckaert

Illustration: Kobie Swart

Language: isiXhosa



This is a traditional Afrikaans tune (volksliedjie) "Waar is my Miena?" Click here to download and listen to a recording of this song: [http://www.saide.org.za/resources/ASP/18\\_Sifun\\_isthom\\_am.wma](http://www.saide.org.za/resources/ASP/18_Sifun_isthom_am.wma).

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